

2023: ARRANGED BY COURSE**SCROLL DOWN FOR BRENT ELEIGH, ACTON CIRCUIT and HITCHAM HILLY RESULTS***** DENOTES VISITING RIDER****Fastest male; road bike; Andy Kennedy; 24.52****Fastest female; road bike; Kirsty Fenner; 29.45****Fastest male; TT bike; Ian Short; 22.57****Fastest female; TT bike; Ann Shuttleworth; 27.45****Trike; Dan Upton; 30.38 Course record (since 2013)****LAVENHAM 10 COURSE**

NAME	Target time	20 April	25 May CR (short - 9.4 ml)	1 June (short - 9.4 ml)	22 June WSW (short - 9.8 ml)	29 June (short - 9.8 ml)	13 July (short 9.8ml)	27 July CCS Cham/ship	24 Aug JWTT
Adrian Ablitt	29.54	M	28.53	28.52		29.50		29.38	29.21
Charlie Boldock	28.39						25.39		
Shaun Boldock									
Sarah Boxhall	35.34								
Doz Bree				M					
Anna Brown	29.13		27.37						
Andy Buck	30.46								
Ben Clark	26.41								
Tom Codling*		29.19							
Kate Creak*				29.00					
Simon Daniel	26.08							26.35	
Rob Davies	25.12		23.30	23.32		24.59		24.55	25.49
Simon Daw	24.09								23.10
Damon Day					23.31	22.59	23.16	23.36	23.44
Dean De'Ath	25.55		23.42	23.38	23.52			24.18	24.11
Les Dunham	32.38	33.14	29.34	29.22	30.48		31.09	31.13	29.56
Richie Edwards	28.32		25.54	26.42			26.35		M
Ronnie Egan*						33.44			
Oskar Everett*									
David Fenn	29.45	M	28.14		28.59	29.07	29.16	29.54	
Kirsty Fenner	31.30	32.52	28.36	28.51	29.25		29.22	29.38	29.45
John Golder		30.45	25.09						
Ryan Gooderham									
Claire Hall*								25.46	
Patrick Hannah*				23.30					
Rob Harman			25.06	M					
Will Hedley	29.03								
Charlie Heeks	25.52	26.41	22.58	23.28	23.20		23.54	24.57	
Stephen Hitchcock	29.26		27.17		29.26			29.58	
Lindsay Hobden*								31.36	
Gary Johnson	25.19								
Izzie Johnson*									
Andy Kennedy*									24.52
Dan Lawrence	30.42		26.52					28.31	
Angie Leslie								27.23	
Ian Lovelock	31.25			30.49	M			M	M
Jennifer Lovelock*		30.38							
Will Lowden*	20.55	20.53	18.47						
Rob Martin*						25.49			

Simon Miles*				23.45					
Tom Moore	35.53		35.41		35.03	33.59	34.04		34.22
David Munro								29.38	
Gary Pamment	24.17		22.18		23.00			24.00	M
Jo Pollett				26.59					
Joseph Purbrook				21.59					
Alex Purcell	22.14	22.20	20.06		21.46			22.11	DQ
James Rush	25.18		24.16	23.44	24.16		24.22	24.31	24.50
Paul Schindler*									
Aaron Sharpe									
Tony Sheppard	33.01								
Ian Short*						22.26	22.50		22.57
Anne Shuttleworth*						27.00			27.45
Sue Triplow	27.30				25.38				
Edward Twinn*		26.31		23.40					
Charlie Upton	29.02	29.07	25.09		25.45	25.38	25.41	26.12	25.54
Dan Upton		27.09	23.34	M	24.31	24.29	24.46	25.05	30.38
	27.17								Trike CR
Isaac Wagland	23.28			21.26					
Nick Webber	24.54			23.50	23.56	24.07	23.48	24.15	
Jeff Wharton				23.03			23.37	24.24	24.07
Ian White		30.32	26.01	26.31	M			27.25	
Jacqui White*								34.02	
Caroline Wyke	34.55	35.34	32.24		32.10	32.11	32.50	33.48	34.32
Number of riders		13	33 inc CR	19	32 inc WSW	13	15	25	17

BRENT ELEIGH COURSE

NAME	Target time	27 April	17 Aug	31 Aug
Adrian Ablitt	25.33		24.04	
Murray Baker				
Charlie Boldock				
Shaun Boldock				
Sarah Boxhall	34.30			
Anna Brown*			24.18	
Doz Bree	20.24			
Andy Buck	24.29			
Bob Bush				
Adam Chamberlin				
Ben Clark	23.01			
Tom Codling *				
Tom Coleman	22.59			
Tim Collins				
Simon Daniel	20.30			
Rob Davies	20.13	22.09	20.31	
Simon Daw				
Damon Day	19.46		19.14	
Dean De'Ath	21.56			
Les Dunham	25.37		24.58	
Richie Edwards	23.40			
Jason Everett*			21.15	
Oskar Everett*			18.50	

David Fenn	23.54	M		
Kirsty Fenner			24.22	
Liam Fenner			19.44	
Lee Ford				
Jenny George		26.27		
Ryan Gooderham				
Colin Harris				
Phil Hatcher				
Will Hedley				
Charlie Heeks	20.21	21.21	19.20	
Stephen Hitchcock				
Lindsay Hobden			25.39	
Ryan Hogg				
Gary Johnson	20.15			
Izzie Johnson	21.31			
Andy Kennedy*			20.31	
Dan Lawrence	24.17			
Angie Leslie				
Ian Lovelock	25.28		32.11	
Will Lowden				
Simon Miles*			30.09	
Tom Moore	30.07	M	28.25	
Liam Norfolk	24.34			
Gary Pamment				
Jo Pollett*			22.35	
Simon Potter				
Alex Purcell	18.18	18.18	M	
James Rush			20,02	
Aaron Sharpe				
Tony Sheppard	25.28			
Ian Short*			18.33	
Anne Shuttleworth*			23.09	
Jody Tan				
Sue Triplow	21.36			
Edward Twinn		20.42		
Charlie Upton	23.28	22.06	21.15	
Dan Upton	23.04	21.58	20.09	
Nick Webber	20.14		20.13	
Leon West				
Jeff Wharton			19.37	
Ian White		23.15		
Caroline Wyke	29.01	29.47		
Number of riders		9	23	

ACTON CIRCUIT COURSE

NAME	Target time	4 May	18 May	8 June	15 June	6 July	17 August
Adrian Ablitt	24.27	M	26.01			26.04	
Kate Beach*						M	
Charlie Boldock*	21.50					20.41	
Shaun Boldock							
Sarah Boxhall	29.25						
Doz Bree	21.04		22.31				
Anna Brown	25.51		25.39	25.01			
Andy Buck	24.22						
Nick Bull	20.10						
Tom Codling*					22.33		
Simon Daniel	21.52						
Rob Davies	22.00	21.23	20.46	20.52			
Damon Day						19.37	

Dean De'Ath							
Les Dunham	27.20	26.42	26.00	26.42	25.57		
Richie Edwards	23.36		22.58	M			
Ronnie Egan*				29.29			
David Fenn	25.16	24.58	24.56	25.04	24.55	25.10	
Kirsty Fenner	28.16		M		25.11	25.21	
Liam Fenner*					19.29		
Jenny George*			25.59				
John Golder		22.40	22.31				
Rob Harman		21.55	M	22.01			
Will Hedley	22.50				M		
Charlie Heeks		20.59	20.19	M	20.04	20.14	
Stephen Hitchcock							
Lindsay Hobden							
Millie Jenkins*				22.02			
Stuart Jenkins*				24.08			
Gary Johnson							
Izzie Johnson*						21.00	
Andy Kennedy*					21.24		
Dan Lawrence	25.03						
Angie Leslie							
Ian Lovelock	26.14	26.37		27.15	26.33		
Will Lowden		16.43CR					
Simon Miles*		21.10	21.04				
Tom Moore	29.01			32.27	30.17	28.23	
David Munro		25.12					
Jo Pollett*		24.02	23.36				
Alex Purcell	18.57	18.25	18.22			18.22	
James Rush						20.45	
Aaron Sharpe							
Mat Shotbolt*	19.59						
Tony Sheppard	27.06						
Charlie Upton	26.55	21.57	21.45		21.59	21.40	
Dan Upton	22.58	20.44	20.34		20.59	M	
Nick Webber	20.48	20.42				20.19	
Jeff Wharton						20.10	
Ian White		23.36	23.22	23.33	23.14		
Caroline Wyke	29.36	M	28.09	29.32	M	28.05	
Number of riders		16		12	12	14	

HITCHAM HILLY COURSE

NAME	Target time	11 May	20 July	10 Aug
Adrian Ablitt	41.29	41.46	40.21	41.23
Murray Baker				
Charlie Boldock	37.09		35.51	
Shaun Boldock				
Sarah Boxhall				
Doz Bree	36.23			
Anna Brown	41.14			41.07
Andy Buck	42.31			
Nick Bull				
Graeme Cavey	44.20			
Tim Collins*				

Kate Creak*		41.32		
Simon Daniel	34.31			
Rob Davies				
Simon Daw	33.59			
Damon Day	36.22			
Dean De'ath				
Les Dunham	44.51	42.39	42.50	M
Marcel Du Toit			33.36	
Richie Edwards	39.03		37.57	
Ronnie Egan*		57.22		
Jason Everett*				
Oscar Everett*				
David Fenn	42.04		41.02	44.33
Kirsty Fenner	42.54	42.25	41.16	41.19
Liam Fenner*				
Lee Ford				
John Golder		39.41	M	
Colin Harris				
Phil Hatcher				
Will Hedley	37.23	M		
Charlie Heeks	35.00	33.50		33.32
Stephen Hitchcock				
Lindsay Hobden*			46.29	46.23
Gary Johnson				
Izzie Johnson				
Oscar Keep				
Dan Lawrence	43.12			
Angie Lesslie				38.15
Ian Lovelock	43.14	43.35	44.07	44.15
Ben Lowden	36.21			
Will Lowden	28.11	27.15		
Simon Miles*			34.59	
Tom Moore	49.29		49.36	
Gary Pamment				
Jo Pollett*			38.51	
Alex Purcell	31.15	M	30.39	33.36
James Rush	35.06		33.49	
David Schindler				
Aaron Sharpe				
Mat Shotbolt*	42.48			
Tony Sheppard	45.45		M	
Antony Stapleton			33.45	
Charlie Upton		39.13	38.27	
Dan Upton		34.09	34.29	
Isaac Wagland	32.08			
Nick Webber	34.30			M
Leon West				
Jeff Wharton*			32.35	32.50
Jacqui White*				49.26
Caroline Wyke	48.53	48.15	1.02.52	48.49
Number of riders		12	19	12